



THE NATIONAL CONFERENCE

CHEER - DANCE - STUNT



BLOCK SCHEDULE FOR ADULT ATTENDEES

Adult Attendees may choose from 1, 2, and 3-day learning opportunities. [Click here to register](#)

1-Day: Thursday Only (Pre-Conference)

2-Day: Friday & Saturday Only (Conference)

3-Day: Thursday, Friday & Saturday

Thursday, July 10, 2025 - Pre-Conference Offerings: Masters Day

CHEER PROFESSIONALS		DANCE PROFESSIONALS	
8:30-10:30 am	Tumbling Clinic	8 am-Noon	Dance Legality Official Training *
12:30-1:30 pm	USA CHEER Safety & Risk Management Course	<p><i>* BONUS LEARNING OPPORTUNITY</i></p> <p><i>Dance Professionals attending Thursday are invited to audit the Dance Legality Official Training Course at no additional fee. If after attending this training the participant would like to become a certified Dance Legality Official, they may do so by registering to test online. Additional fees apply if an attendee would like to proceed with certification post-conference.</i></p> <p><i>There is no additional fee to attend this session and use this as an opportunity to expand their knowledge and understanding of dance rules.</i></p>	
<p><i>This course is being offered as a CONFERENCE SPECIAL and is open to all attendees. A 21-hour in-person session followed by an online exam with the course training video available as a reference. You do not need to be registered for Thursday conference sessions in order to attend this course. Pre-registration is required CLICK HERE TO REGISTER</i></p>			
10:30am-12:30 pm	Building Clinic	Noon-1 pm	Lunch
12:30-1:30 pm	Lunch Break	1-2:30pm	Workshops with Choreographers & Judges to maximize your scores
1:30-2:30 pm	Session options for: - All Star Cheer - STUNT - High School Cheer - Collegiate Cheer ** see session overview below	2:30-4 pm	Master Class: Jazz
2:30-3:30 pm		4-5:30 pm	Master Class: Hip Hop
3:30-4:30 pm			
5-7 pm	USA Cheer College Combine Collegiate Cheer and/or STUNT Coaches CLICK HERE FOR INFO	5:30-7 pm	Master Class: Pom Game Day
7-9 pm	Welcome Reception for all Adult Attendees		

**** Session Overview for Thursday Afternoon Cheer Professionals:**

ALL STAR CHEER: Choreographers share how they optimize routines to maximize scores. Hear directly from judges so you can refine your coaching strategies and elevate performance outcomes in your club.

STUNT: Perfect for newer coaches, these sessions will cover essential topics like recruiting, practice structure, STUNT specific terminology, what officials are looking for, and much more.

High School & Collegiate Cheer: Dive into the rules, tips for new coaches, partner stunt terminology, fundamentals, and additional tools to enhance your coaching.



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Friday, July 11, 2025 - Conference Offerings

9 am-9 pm	Spirit HQ: The Expo <i>open to all attendees</i>
9-11:05 am	Conference Sessions
11:20 am-12:30 pm	Conference Welcome & Keynote Presentation
12:30-1:30 pm	Lunch
1:30-5:00 pm	Conference Sessions
6:30-9 pm	Spirit HQ - Attendee Celebration
9 pm-Midnight	After Party presented by Rebel

Saturday, July 12, 2025 - Conference Offerings

9 am-12:15 pm	Conference Sessions
12:15-1:15 pm	Lunch
1:15-4:15 pm	Conference Sessions
4:30-5 pm	Closing Rally

ADDITIONAL CERTIFICATION OPPORTUNITIES

USASF DANCE LEGALITY OFFICIAL TRAINING | Thursday, July 10, 2025 | 8:00 AM - NOON
 separate registration is required [CLICK HERE TO REGISTER](#)

USASF CHEER LEGALITY OFFICIAL TRAINING | Friday, July 11, 2025 | 9:00 AM - 5:00 PM
 separate registration is required [CLICK HERE TO REGISTER](#)

USA CHEER SAFETY & RISK MANAGEMENT COURSE | Thursday, July 10, 2025 | 12:30 - 1:30 PM
 separate registration is required [CLICK HERE TO REGISTER](#)