

FRIDAY	MARQUIS 1	MARQUIS 2	MARQUIS 3	MARQUIS 4	MARQUIS 5	MARQUIS 8	MURCIA	CATALUNA A/B	ANDALUCIA	GRAND BALLROOM E	CASTILLA A/B	GRAND BALLROOM D	VALENCIA - Spirit HQ FOYER - Dance Alley
9:00 - 10:00	ALL STAR CHEER GROUP A Round Tables Membership Topic TBD	ALL STAR CHEER GROUP A Round Tables Membership Topic TBD	ALL STAR CHEER GROUP A Round Tables Membership Topic TBD	ALL STAR CHEER GROUP A Round Tables Membership Topic TBD				STUNT Summary of Changes for the 2025/26 Season <i>K. Townsend</i>	How to Start a Club STUNT Program with Budgeting <i>S. Danielsen</i>	Preparing High School Athletes for Recruitment <i>J. Long J. Blunk</i>		Time Management in a Dance Team Setting <i>E. Alvarado</i>	ALL STAR CHEER Group B Exhibit Hall Spirit HQ
10:10 - 11:10	ALL STAR CHEER GROUP B Round Tables Membership Topic TBD	ALL STAR CHEER GROUP B Round Tables Membership Topic TBD	ALL STAR CHEER GROUP B Round Tables Membership Topic TBD	ALL STAR CHEER GROUP B Round Tables Membership Topic TBD				STUNT Structuring Your Overall Season <i>A. Haney B. Bergmann A. Laron-Pickett</i>	Improving Your College Coaching Impact! <i>E. Garrett, PsyD</i> Learning more about NCSA College Recruiting <i>10:50-11:30</i>	How to start an Adaptive Cheer and Dance program: From Gameday to the Mat! <i>L. Trudell</i>			ALL STAR CHEER & DANCE PROFESSIONALS Group A Exhibit Hall Spirit HQ & Dance Alley
11:20 - 12:30	Grand Ballroom ABC - ALL ATTENDEES - Conference Welcome with Ali Stangle & Lauri Harris and Keynote Presentation with Gerry Brooks presented by Double Good Virtual Fundraising - Grand Ballroom ABC												
12:30-1:30	LUNCH BREAK & DANCE ALLEY OPEN Owners & Directors Spirit HQ Social in Valencia Ballroom - Lite Bites Lunch provided by SE Motion & B le Jit Choreography All other attendees - Lunch on your own												OWNERS & DIRECTORS SPIRIT HQ SOCIAL LITE BITES LUNCH
1:30 - 2:30	Eyes on Excellence <i>L. Grobstein</i>	Sport & Performance Psychology Tools <i>E. Garrett, PsyD</i>	SE Motion presents Youth Sports Technology that Saves You Time <i>B. Jittu H. Horner</i>		Get To Know Us Q & A About Spirit of Texas or Anything Else <i>B. Hansen T. Sullivan</i>	Inclusive Leadership for Cheer and Dance Session 1 of 2 <i>A. MacIntosh</i>	Person Centered Coaching Session 1 of 2 <i>G. Broderick J. McGibboney</i>	STUNT Game Strategizing <i>S. Danielsen B. Seagondollar</i>	Physical Therapy/Injury Prevention For Cheerleaders <i>M. Wisman, PT, DPT</i>	Building a Winning Culture High School Cheer <i>J. Long J. Blunk</i>	More Than Medals: The True Meaning of Success in Youth Sports <i>D. Tu, D. Garrett, C. Hendon, K. Garrett, B. Herrera</i>	Purposeful Incorporation of Technical Elements in Competitive Dance Routines <i>E. Alvarado</i>	OPEN
2:45 - 3:45	The Win Within: Redefining Success through Growth <i>L. Grobstein</i>	Calling all Club Owners [Only] <i>M. Walker H. Toper A. Oney</i>	Prep Rally Growing Your Buiness with Novice and Prep <i>L. Williams</i>	Jump Like a Texan <i>B. Hansen</i>	Communicating With Your Choreographer and Music Producer <i>T. Sullivan</i>	Inclusive Leadership for Cheer and Dance Session 2 of 2 <i>A. MacIntosh</i>	Person Centered Coaching Session 2 of 2 <i>G. Broderick J. McGibboney</i>		The Leading Cause of Death in Athletes. Are YOU Prepared? <i>J. Zarndt, DO</i>		From Hire to Thrive: Modern HR Practices to Nuture your Garden <i>O. Cox, B. Harvey, D. Tu</i>	The Art of Costuming: From Inspiration to Execution <i>L. Albert</i>	Group C Exhibit Hall USA CHEER Attendees
4:00 - 5:00	Flawless by Design: The Power of Execution <i>L. Grobstein</i>	The Vital Role of Strength Training For Cheerleaders. <i>M. Wisman, PT, DPT</i>	Leading through Loss <i>L. Williams</i>	Basket Drills & Techniques from Prep <i>B. Hansen T. Sullivan</i>		MASTERY: The Pursuit of Peak Performance in Cheer & Dance <i>M. Love</i>	Bonding Camps <i>G. Broderick</i>	STUNT Round Table Discussions by Divisions/Conf <i>A. Haney K. Townsend S. Danielsen</i>	College Cheer Building a Winning Culture <i>J. Long</i>	College Pyramid Techniques <i>L. McCullough</i>	Effective Communication: Creating a Culture that Works <i>B. Harvey, P. Puckett, D. Garrett</i>	Clean It Like You Mean It <i>B. Acosta</i>	OPEN
								These classes Extended session - till 5:30 pm					
5:00-6:30	DINNER BREAK on your own												Exhibit Hall Closed for Dinner Break
6:30 - 9pm	ALL ATTENDEES OWNERS & COACHES CELEBRATION - VALENCIA BALLROOMALL												Attendee Spirit HQ Celebration
9pm - Midnight	AFTER PARTY presented by Rebel - CASCADE												
** Legality Official Training is in Marquis 6&7 [Pre-Registration Required]													