





Parent Welcome
Athlete Membership
Coach Membership
Club Momborchin



Dear Parent or Guardian:

Welcome to the U.S. All Star Federation! By joining a USASF member club, you're choosing the best path for your athlete's growth in All Star cheer or dance—with exclusive access to top competitions, resources and unforgettable experiences.

What you can expect

At USASF-sanctioned competitions you can expect the highest standards and most sought-after rules for All Star to be upheld. The USASF has exclusive age grids and smart rosters, which place athletes in divisions that match their age and skill levels. This allows All Star athletes to compete against others who follow the same sportsmanlike guidelines that foster fair and healthy environments for everyone involved.

As you dive deeper into the 2025-26 season, *What to Expect from the All Star Experience - A Parent's Guide* will provide valuable insights and tips to help you navigate this exciting journey with confidence.

About USASF

The U.S. All Star Federation (USASF), founded in 2003, is a Tennessee-based nonprofit dedicated to making All Star cheer and dance safer through consistent rules and competition standards. USASF credentials coaches, certifies safety judges, sanctions events and sets safety guidelines. It is governed by bylaws, a board of directors, officers and 15 standing committees, with operations managed by full-time, part-time and volunteer staff.

Have questions or need support?

Reach out to us anytime at support@usasf.net.

We're always here to cheer you on and help make your All Star experience the best it can be!

USASF Mission

To support and enrich the lives of our All Star athletes and members. We provide consistent rules, strive for a safe environment for our athletes, drive competitive excellence, and promote a positive image for the sport.

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§ Membership

Athlete Registration

Welcome!

2025-26 Membership Term: June 1, 2025-May 31, 2026

Athlete Membership Fee: \$49

Before beginning an account renewal or new registration, please have on hand:

- · recent headshot from shoulders up.
- government-issued proof-of-age: birth certificate, drivers license, passport or state-issued ID.

NOTE: Adult Athletes are individuals 18 or older BEFORE the start of the current membership term. These athletes must complete a background check (\$19) and abuse prevention training. The membership portal will notify those who meet this criteria.

Athletes who **turn 18** during the membership term (June 1, 2025-May 31, 2026) must complete abuse prevention training once they reach age 18. Background checks are at the owner's discretion.

Renewing Members

- 1. Log in at usasfmembers.net.
- 2. Review and accept the membership agreement.
- 3. Confirm your headshot upload or change if necessary.
- 4. Confirm, add or change club and location affiliation.
- 5. Pay \$49 membership renewal fee.
- 6. Adult athletes are required to complete a background check (\$19) and abuse prevention education.

New Members

- Enter your email under Create an Account Today!
- 2. Watch your email for a verification code and enter it.
- 3. Select option to create one of the following:
 - Parent account if athlete is of minor age.
 - Adult Athlete account if athlete is 18 or older before the start of the membership season.
- 4. Review and accept the membership agreement.
- 5. Complete optional heritage survey.
- 6. Upload headshot.
- 7. Follow remaining prompts.
- 8. Pay the \$49 membership registration fee.
- Adult athletes are required to complete a background check (\$19) and abuse prevention

Explore Member Benefits

Go to: athlete membership benefits.

Need help?

Please email support@USASF.net.

XSF Membership

Coach Registration

Welcome!

2025–26 Membership Term: June 1, 2025–May 31, 2026 **Member Requirements:**

- Coach Membership Fee: \$75
- · Background check with green light result
- Abuse prevention education

Before you begin registration please have on hand:

- Recent headshot from shoulders up
- State-issued photo ID
- Smartphone

Renewing Members

- 1. Log in at usasfmembers.net.
- 2. Review and accept the membership agreement.
- 3. Confirm, add or change club affiliation.
- 4. Pay the \$75 membership fee.
- 5. Follow prompts to begin background screening (no additional cost).
- 6. Begin abuse training after background check results are complete (no additional cost).

New Members

- Enter your email under Create an Account Today!
- 2. Watch your email for a verification code and enter it.
- 3. Select option to create a Coach account.
- 4. Review and accept the membership agreement.
- 5. Enter coach profile info.
- 6. Complete optional heritage survey.
- 7. Upload headshot.
- 8. Follow remaining prompts.
- 9. Pay the \$75 membership fee.*
- 10. Follow prompts to begin background screening (no additional cost).
- 11. Begin abuse training once background check results are complete (no additional cost).
- * Some clubs may choose to pay membership fees on behalf of their coaches and non-coaching members. In these cases, steps 10 and 11 will remain locked until the club submits payment.

Explore Member Benefits

Go to: coach membership benefits.

Need help?

Please email support@USASF.net.



Welcome!

2025-26 Membership Term: June 1, 2025-May 31, 2026

Club Membership Fee: \$100

Before starting club registration or renewal, be prepared to upload proof of general liability insurance.

NEW THIS SEASON: Club owners must hold an eligible **Coach** or **Non-Coaching Representative** account and complete all membership requirements **before** creating or renewing a club account. These requirements include: \$75 membership payment; background check with a green light result; and abuse prevention training

Renewing Members

- 1. Log in at usasfmembers.net.
- 2. Select your existing Club account.
- 3. Follow the prompts to complete all steps.
- 4. Pay the \$100 renewal fee.

New Club Account

- Log in to your Coach or Non-Coaching Rep account at usasfmembers.net.
- 2. Select Add a New Profile
- 3. Choose Club
- 4. Complete all steps as prompted.
- 5. Pay the \$100 club registration fee.

I've paid the club fee, why does my account status still show ineligible?

All Club Owners at all club locations must be eligible coaches or non-coaching representatives.

- Go to My Profile > Owners.
 - Add or remove owners as needed.
 - Click Save.
- 2. Go to My Profile > Location.
 - Click the applicable location name.
 - Select Ownership Management.
 - Assign ownership percentages that total 100%.
 - Click Save.

Your club account status will become eligible once all the above steps are complete.

Take action on these Terms & Conditions:

- 1. Require all adult staff, athletes and volunteers to complete abuse prevention education.
- 2. Offer abuse prevention education for minor athletes on an annual basis.
- 3. Provide mandatory reporter training for all adult staff and volunteers.
- 4. Provide a concussion policy and training for all coaches.
- 5. Share the concussion policy with athlete parents/guardians.

Explore Member Benefits

Go to: club membership benefits.

Need help?

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