

“Move Like an All Star” – NASCDD 2025 Line Dance Anthem

[0:00 – INTRO]

National All Star Cheer and Dance Day!

Let's go! Let's groove! Let's move!

(Beat drops into a slow bounce with claps)

[VERSE 1 – Movement Breakdown]

Step to the left — bounce it two times.

Step to the right — now roll that spine.

Take it back — hands to the floor.

Pop it up — now give me four!

[VERSE 2 – Build Energy]

(claps: 1–2–3–4)

Swing your arms — front and back.

Step, tap — now hit that snap.

(snaps: 5–6–7–8)

[HOOK – Repeatable Crowd Section]

All Stars move — move!

All Stars groove — groove!

All Stars slide — slide!

Now freeze... that's right!

[BRIDGE – NEW VERSION]

Step it out — criss-cross feet.

Pop your chest — to the beat.

Wave it high — wave it low.

Bounce three times — now strike that pose!

[HOOK – Repeat]

All Stars move — move!

All Stars groove — groove!

All Stars slide — slide!

Now freeze... yeah that's right!

[OUTRO – Celebration]

Big team energy, big team smile.

You did that — All Star style.

Dance it out — it's our day.

NASCDD — the All Star way!