



LAS VEGAS JULY 10-12, 2025

CLASS OFFERINGS

SATURDAY, JULY 12

Carmine Silano

Dissecting an Iconic Cheer Mix



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director

Robin Coe

**The Importance of Relationships
and Networking to Build a
Successful Business**



All Star Owner

Brett Hansen

**Level 1 and 2 Tumbling Skills
and Progressions**



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Teighlyr Sullivan

Level 1 and 2 Building Skills



All Star Owner, Coach, Director
High School Coach, Director

Ed Garrett, PsyD

Sport and Performance Psychology Tools



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Kate Townsend

**Navigating through the STUNT
Rule Book – College, HS, and Club**



STUNT Coach, Director

Becky Herrera
Melissa Strong

**The Power of Choice: Navigating
Brands, Events, and Program Offerings**



All Star Owner, Coach, Director

Sarah Miller Bate
Cheryl Paquette

Dance Assembly



Dance Professionals

James Blunk
Jen Long

Intermediate Stunt Technique



High School Coach, Director

Stacy Cartechine

**Beyond the Unthinkable: Protecting
Young Hearts from Sudden Cardiac Arrest**



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Meredith Walker

Conduct and Compliance Class



All Star Owner, Coach, Director

Victor Rosario
Krisitin Rosario

**Troubleshooting and Problem
Solving – Building and Twisting Skills**



All Star Owner, Coach, Director
High School Coach, Director

Glenda Broderick
Joesph McGibboney

Person-Centered Coaching



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Tyler Phillips

**The Cheerleading Worlds Scoring:
Building and Deductions Explained**



All Star Owner, Coach, Director

Kaitlyn Lyday

Improving Flexibility



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director



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Belinda Harvey Pam Puckett David Tu	Expectations, Emotions and Emails: A Survival Guide for All Star Parents	USASF	All Star Owner/Coach/Director
Marisa Corrales Troy Corrales	From Culture to Cleaning - Constructing a Better Hip Hop Routine	USASF	Dance Professionals
James Blunk Jen Long	Elite Stunt Technique	USA CHEER	High School Coach/Director
Victor Rosario Kristen Rosario	Tips and Tricks for Cleaning a Routine	USASF	All Star Owner/Coach/Director High School Coach/Director
Rachel Caldwell	The Difference Between Fitting In and Belonging and Why It Matters	USASF	All Star Owner/Coach/Director College Coach/Director High School Coach/Director STUNT Coach/Director
Brett Hansen	Level 3 and 4 Tumbling Skills & Progressions	USASF	All Star Owner/Coach/Director College Coach/Director High School Coach/Director STUNT Coach/Director
Teighlyr Sullivan	Level 3 and 4 Building Skills & Progressions	USASF	All Star Owner/Coach/Director High School Coach/Director
Tyler Phillips	The Cheerleading Worlds Scoring: Tumbling & Overall Explained	USASF	All Star Owner/Coach/Director
Maria Wisman, PT, DPT	The Vital Role of Strength Training For Cheerleaders	USASF	All Star Owner/Coach/Director College Coach/Director High School Coach/Director STUNT Coach/Director
Kaitlyn Lyday	STUNT Training Skills for ALL the College Routines (1-4)	STUNT	STUNT Coach/Director
David Tu, Dwyana Garrett Chris Hendon, Becky Herrera Kinshasa Garrett	More than Medals: The True Meaning of Success in Youth Sports	USASF	All Star Owner/Coach/Director
Breanna Acosta Natasha Leas	Beyond the Marley: Marketing Moves that Make Money: LIVE Podcast Hosted by Bre Acosta and Natasha Leas	USASF	Dance Professionals
James Blunk Jen Long	High School All Girl Pyramid Techniques	USA CHEER	High School Coach/Director
Kaitlyn Lyday Kristine Paulson	Utilizing Technology in STUNT and Cheer	STUNT	STUNT Coach/Director
Kate Townsend	STUNT - Making Your Routines Work for You	STUNT	STUNT Coach/Director



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James Blunk
Jen Long

High School All Girl Pyramid Techniques



High School Coach, Director

Leigh Williams

**Prep Rally – Growing Your Buisness
with Novice and Prep**



All Star Owner, Coach, Director

Victor Rosario
Kristen Rosario

My Thought Process for Choreography



All Star Owner, Coach, Director
High School Coach, Director

Brett Hansen

Level 5 and 6 Tumbling Skills & Progressions



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Teighlyr Sullivan

Level 5 and 6 Building Skills & Progressions



All Star Owner, Coach, Director
High School Coach, Director

Glenda Broderick

Why and How – Bonding Camps



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Sarah Miller Bate

How to Start an All Star Dance Team



All Star Owner, Coach, Director

Jim Lord

Jumps with Jim



All Star Owner, Coach, Director
College Coach, Director
High School Coach, Director
STUNT Coach, Director

Kaitlyn Lyday

**STUNT Training Skills for ALL the
College Routines (5–8)**



STUNT Coach, Director

David Tu
Kinshasa Garrett
Dywana Garrett
Mallory Ortiz
Chris Hendon

**Passion to Profession: Building a
Career in the Cheer and Dance Industry**



All Star Owner, Coach, Director

Lonna Albert

Parents, Your Super POWER



Dance Professionals

Jen Long
James Blunk

HS Cheer – Building a Winning Culture



High School Coach, Director

Leigh Williams

Who's Got the Tab?



All Star Owner, Coach, Director

Victor Rosario
Kristen Rosario

Developing Jr. Coaches and New Coaches



All Star Owner, Coach, Director

Brett Hansen
Teighlyr Sullivan

Tricks of The Trade / Cheat Grips



All Star Owner, Coach, Director
High School Coach, Director



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BLOCK SCHEDULE
SATURDAY, JULY 12

Glenda Broderick Dwayna Garrett	How to Support Athletes with Hidden Disabilities	USASF	All Star Owner, Coach, Director College Coach, Director High School Coach, Director STUNT Coach, Director
Kate Townsend	STUNT – From an Official's Eye/You Make the Call	USASF	STUNT Coach, Director
Melissa Strong Ashley Hoffman Daney Soto	Elevating Your Competition Experience	USA CHEER	All Star Owner, Coach, Director
Jen Koonce	Conflict to Connection: Sharing Dancers Between Studio and School	USASF	Dance Professionals
Leigh Williams	Leading through Loss	USASF	All Star Owner, Coach, Director College Coach, Director High School Coach, Director STUNT Coach, Director
Meredith Walker	Conduct and Compliance Class	USASF	All Star Owner, Coach, Director
Brett Hansen Teighlyr Sullivan	Final Q&A? Let Us Help You Troubleshoot Skills	USASF	All Star Owner, Coach, Director High School Coach, Director
Owen Cox	Talk it Out: Communication & Conflict skills for All Star Athletes	USASF	All Star Owner, Coach, Director College Coach, Director High School Coach, Director STUNT Coach, Director
	USA Cheer Panel	USA CHEER	College Coach, Director High School Coach, Director STUNT Coach, Director
Chris Hendon Belinda Harvey Amanda Golloub Kinshasa Garrett	Competition Etiquette – What You Should Know but Have Never Been Taught About Competition	USASF	All Star Owner, Coach, Director
Melissa Strong	Elevating Your Competition Experience	USASF	Dance Professionals
	Closing Rally and Prizes	USASF USA CHEER STUNT	All Star Owner, Coach, Director College Coach, Director High School Coach, Director STUNT Coach, Director

Speakers and classes are subject to change between now and the conference.